

# TEEN EXTREMA, 2011



*TEEN EXTREMA! is a free summer program for Carpinteria youth in collaboration with Carpinteria Cares For Youth, the City of Carpinteria Parks & Rec, CUSD, Carpinteria Woman's Club, Curious Cup Children's Bookstore, Curtis Studio of Dance, Girls Inc. Carpinteria, Santa Barbara Public Library and funded by the City of Carpinteria. Classes are provided through a grant of the City of Carpinteria and the services of many professionals donating their time and energy to provide opportunities for Carpinteria youth.*

## Arts, Dance, Writing, Prep, & Fun

### Ceramics

Learn hand-building and how to use glazes. Pieces will be fired professionally.

Location				Carp Woman's Club - 1059 Vallecito			
July 5, & 8	Tues/Friday	10:00am-11:30am	Lauren Kernes				

### Collage and Mixed Media

Turn the ordinary into something extraordinary! Using lots of different materials, create mixed media assemblages of your own design.

Location				Carp Woman's Club - 1059 Vallecito			
July 18	Monday	10:00am-12:00pm	Gerian & Angela				

### Drawing From Life

Introduction to basic drawing techniques for beginning & intermediate levels of drawing.

Location				Carp Woman's Club - 1059 Vallecito			
July 11 & 18	Mondays	6:30pm-8:00pm	Sara Wilcox				

### Modern Dance

There are three levels of classes offered.

Choose: **Advanced** **Intermediate** **Beginning**

Location				Curtis Studio of Dance - 4909 9th Street, Carpinteria			
July 5, 7, & 8	Tue, Thur, & Fri	4:30pm-5:30pm	Charis Haines				
July 5 - 9	Tue - Sat	3:00pm-4:30pm	Charis Haines				
July 5 - 9	Tue-Sat	1:30pm-3:00pm	Charis Haines				

### Beyond Point & Shoot - Digital Photography Workshop

Learn about lighting, lenses, composition, camera settings/angles and an artistic "attitude". Each session part classroom and part "hands-on" field trip work. Bring your own digital camera.

Location				Carpinteria Public Library - Multi-purpose Room			
July 12, 14 & 19	Tues & Thurs	3:00pm-5:00pm	Ted Rhodes				

### Create Your Own Webpage

Learn how to create your own webpage using a free online blog maker. The only other thing you need is an email account.

Location				Carpinteria Public Library - Multi-purpose Room			
June 28	Tuesday	6:00pm-7:00pm	TBA				

### SAT Prep

**Tuesday, July 5, 6:00pm-7:00pm** Carpinteria Public Library - Multi-purpose Room  
Learn testing tips & strategies. Princeton Review. Parents are also welcome to attend.

### ACT Preperation

**Thursday, July 21, 6:00pm-7:00pm** Carpinteria Public Library - Multi-purpose Room  
Learn testing tips & strategies. Princeton Review. Parents are also welcome to attend.

### Teen Gaming Night

**Wednesday, July 6, 6:00pm-7:00pm** Carpinteria Public Library - Multi-purpose room  
Gaming Night at the Library! Rock Band and other interactive video games will be available.

## Sports, Communication, & More Fun

### Beauty Inside & Out

Girls will learn beauty secrets, including Jaqua face masks, hand/foot soaks & scrubs, while exploring the importance of self-respect and confidence.

Location				Carp Woman's Club - 1059 Vallecito			
June 20	Monday	10:00am-1:00pm	Jennifer & Kandace				

### How To Get What You Want

Learn skills to make communication easier including assertiveness, negotiation, and compromise.

Location				Curious Cup Community Room - 917 Linden Ave, Carpinteria			
August 4	Thursday	10:00am-11:30am	Kandace Overgaag				

### Journaling the Journey

Dream, write, draw, doodle, cut, shape, paste, bind, and shape. Put them all together and create a journal of one's own design and theme.

Location				Carpinteria Public Library - Multi-purpose room			
July 12 & 14	Tue & Thur	4:00pm-5:30pm	Amy Orozco				

### Mindfulness-Awareness in Everyday Life

Learn sitting meditation and other skills.

Location				Carp Woman's Club - 1059 Vallecito			
July 11, 18 & 25	Mondays	4:00pm-5:30pm	Robert & Anne				

### Household Beauty

Learn how to make facial scrubs, cleansers, and masks out to common household products. Bring your favorite nail polish.

Location				Girls Inc. of Carpinteria - 5315 Foothill Road, Carpinteria			
July 16	Saturday	10:00am-12:00pm	Ericka Lopez				

### Sailing

**Tuesday, June 28 & July 26, 1:30pm-4:30pm** Meets at Ash Beach  
Learn basic sailing and boating safety.

### Night Swims

**Friday's June 17, July 15, July 29, Aug. 5, Aug. 12. 8:00pm-10:00pm.**  
Enjoy Friday night swims at the Carpinteria Community Pool.

### Kayaking and Stand Up Paddling

**Tuesdays, June 28, July 12 & 26, 9:00am-12noon.** Meets at Ash Ave. beach  
Instruction in paddling techniques and exploration of nearby reef and kelp beds. Wetsuits and safety equipment provided. Snorkeling gear available at 25% discount @ Beach Store.

### Intergenerational Ocean Recreation

Join your child or grandchild and learn kayaking, stand up paddling or sailing.  
Regular charges for adult. Call: 566-2417.

*Pre-registration is required for all classes in order to have instructors/supplies available.*

*For changes & complete listings of classes check website or call 805/453-0461.*

